## **Central Belt Midweek Walks**

The format of these walks has changed a little over the past year or so. Firstly, to extend our reach the walk may now be on any day of the week. The co-ordinator chooses a day to suit their commitments. It is generally in the third week of the month, but may be a bit sooner in December. The default day still seems to be Wednesday and Mondays and Fridays are not popular. But anything goes.

The level of activity and effort varies considerably and, again, is at the preference of the coordinator. We have had some excellent social walks in nearby country parks and low-level forests and waterfalls. Others have included winter days on Corbetts and Munros. There is usually a backup plan for adverse weather, but this is not always chosen, even on the wettest and windiest of days.

Recent walks include a beautifully colourful late autumn walk in Chatelherault Country Park

There was good turnout for an incredibly windy and damp February day out on Ben Donich, followed by snacks & flasks in the back of a (Thea's) truck.



Chatelherault Country Park



After Ben Donnich – recovery coffee and cakes

Other bigger days out include Beinn Each & Stuc A'Chroin, Beinn Narnain and Ben Vorlich & Stuc A'Chroin with blue sky

Gentler, social days include the Antoinine Wall near Croy



Beinn Narnain

Beecraigs Country Park and Bracklin Falls, near Callender with an extension up Meall Leathan Dhail, an area so close to the homes of many of us but so seldom visited and much appreciated by all who went.



Brancklinn. Falls Bridge

Beyond Paisley, an interesting area overlooking the Clyde, another close to home seldom visited. Sociable breezy day.



Gleniffer Braes Country Park

We are a sociable and flexible bunch so please do feel free come along and join us when or if you have the time and are in the area. See website for forthcoming walks/details.